# Lifetime measurements using the combined **RDT and Recoil-Shadow methods**



- Introduction Techniques
- Pb region E0's
- Simulations
- Furst tests

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# Tagging Techniques Recoil, Recoil–Decay, Isomer







Transverse Geometry





## 0<sup>+</sup> States and E0 Transitions

Goals:

- Locate 0<sup>+</sup> states
- •Measure T<sub>1/2</sub>
- •Extract monopole strength parameter,  $\rho^2$ (need also branching ratios)

In case of K conversion:

$$\rho^2 = \frac{\ln 2}{(T_{1/2})_K \times \Omega_K}$$

 $\Omega_{\rm K}$  – electronic factor – analogous to ICC

 $\rho^2$  given in "milli-units" = 0.001  $\rho^2$ Fast transitions ~few hundred milli-units Typical ~10 milli-units

# Two Level Model

### Two mixed 0<sup>+</sup> states, containing components of two shapes e.g. sph-def

Wave functions:

$$|\mathbf{0}_{i}^{*}\rangle = a|sph\rangle + b|def\rangle$$
  
 $|\mathbf{0}_{f}^{*}\rangle = -b|sph\rangle + a|def\rangle$ 

Monopole matrix element:

$$\left\langle 0_{f}^{*} \left| m(E0) \right| 0_{i}^{*} \right\rangle \approx abk\beta^{2}$$
$$k = \frac{3}{4\pi} ZeR^{2} \left[ 1 + \frac{4\pi^{2}}{3} \left( \frac{a_{0}}{R} \right)^{2} \right]$$

Monopole Strength:  $\rho^2 \propto a^2(1-a^2)\beta^4$ 

N.B. Mixing: 50-50 - 100 60-40 - 96 80-20 - 64 90-10 - 36

Kantele, Handbook of Nuclear Spectroscopy: "... large values of  $\rho^2$  imply the presence of sizeable deformation, as well as mixing of components with different  $\langle r^2 \rangle$ ."



Level Sytematics for Even-Even Po Isotopes



Figure 4.6. Level scheme of "Po.



Figure 4.12. Experimental and unperturbed spherical and oblate deformed loval energies for <sup>100</sup>Po and <sup>104</sup>Po. The energies are normalized with respect to the experimental 0<sup>4</sup>; states.

K. HELARIUTTA THESIS (1999)

PERTURSED OF STATES FROM THEORY, OROS ETAL NPA 645, 107 (11)

Z= 82 E= 200 KeV Tyleo) - 800ps



#### TRANSITION ENERGY (keV)

Figure 6-8 Speeds of ED transitions with  $p^2 = 0.010$ . For comparison, the Weisskopf estimate half-life for E2 (A = 106) is also shown.

#### 194Po a -tagged electrons

from 28Si+170Yb @ 143MeV



# Z=82 E=200 kev K/L-5.5-6



Figure 6-7 Behaviour of K/L conversion ratios of E0 transitions as functions of Z for some energies. Except for very high-Z elements,, the energy dependence is rather weak.





A=194, VoC=1.5% T<sub>1/2</sub>=1ns







